

## कार्यालय-निदेशक, माध्यमिक शिक्षा राजस्थान, बीकानेर

क्रमांक : शिविरा-माध्य/मा-स/फिट इंडिया/2022-21/27

दिनांक : 27/10/2022

समस्त मुख्य जिला शिक्षा अधिकारी  
एवं पदेन जिला परियोजना समन्वयक  
समग्र शिक्षा।

विषय :- FIT India Quiz-reg. के सम्बन्ध में।

प्रसंग :- Government Of India, Ministry of Education Department of School Education & literacy No-9-26/SAI/FIT INDIA/2022 DATE 11 OCTOBER 2022

उपर्युक्त विषयान्तर्गत एवं प्रासंगिक पत्र मय संलग्नों के संलग्न कर लेख है कि Government Of India, Ministry of Education Department of School Education & literacy New Delhi ने पत्र प्रेषित कर अवगत करवाया है कि FIT India Quiz, 2022 में भाग लेने बाबत आवेदन करने की तिथि को 15 नवम्बर, 2022 तक बढ़ा दिया गया है।

अतः आपको निर्देशित किया जाता है कि पत्र में वर्णित कार्यवाही करवाते हुए एवं FIT India Quiz, 2022 में भाग लेने हेतु अपने अधीनस्थ समस्त विद्यालयों के विद्यार्थियों को प्रोत्साहित करते हुए भागीदारी सुनिश्चित करावें।

संलग्न : यथोक्त।

(रमेश कुमार हर्ष)

उप निदेशक (माध्यमिक)

माध्यमिक शिक्षा

राजस्थान, बीकानेर

प्रतिलिपि : निम्नांकित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित है :-

1. समस्त संभागीय संयुक्त निदेशक, स्कूल शिक्षा को प्रेषित कर लेख है कि वे अपने क्षेत्राधीन जिलों में प्रभावी प्रबोधन करते हुए आवश्यक कार्यवाही सम्पादित करेंगे।
2. समस्त जिला शिक्षा अधिकारी (मुख्यालय)-माध्यमिक।
3. समस्त ब्लॉक शिक्षा अधिकारी एवं ब्लॉक संदर्भ केन्द्र प्रभारी।
4. रक्षित पत्रावली।

उप निदेशक(माध्यमिक)

माध्यमिक शिक्षा राजस्थान

बीकानेर

संदीप प्रधान, भा.रा.से.  
महानिदेशक  
**Sandip Pradhan, I.R.S.**  
Director General



No. 9-26/SAI/FIT INDIA/2022

11<sup>th</sup> October 2022

To,

The Additional Chief Secretary/Principal Secretary/  
Secretary (Education) of all States/UTs

Sub: Fit India Quiz-reg.

Sir/Madam,

With reference to the letter dated 20<sup>th</sup> September 2022 and 4<sup>th</sup> October 2022 regarding the Fit India Quiz, 2022 (copy enclosed), wherein the Add. Chief Secretary/ Principal Secretary/ Secretary (Education) of States and UTs were requested to take necessary action to widely publicize the second edition of the FIT India Quiz program.

2. Further, it is observed that the current registration numbers for the participation of schools / students are not sufficient and therefore, the objective of the entire program is not being fulfilled.

3. In view of the foregoing, your kind intervention is hereby solicited in order to expedite the enrolment of students and schools for the upcoming 2<sup>nd</sup> edition of the FIT India Quiz. The last date of registration has been extended to 15<sup>th</sup> November 2022.

4. We shall be highly grateful for your support in this matter.

With regards,

Yours sincerely,

(Sandip Pradhan)

Encl: as above

Copy to: Director (Education) of all States/UTs

GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY  
SHASTRI BHAVAN  
NEW DELHI-110 115



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आज़ादी का  
अमृत महोत्सव

भारत सरकार  
शिक्षा मंत्रालय  
समूह शिक्षा और साक्षरता विभाग  
शास्त्री भवन  
नई दिल्ली - 110 115

Santosh Kumar Yadav  
Additional Secretary (DoSEL)  
Ph: 011-23387781

D.O. No. 12-1/2020-1S.1(E)

Dated: 20<sup>th</sup> Sept., 2022

Respected Sir,

As you are aware that Fit India Movement was launched in August 2019 to popularize fitness as a way of life among citizens. In a bid to further reiterate the need to create awareness about fitness and sports among school children, the Fit India Mission under the aegis of Sports Authority of India, Ministry of Youth Affairs and Sports has decided to launch second edition of Fit India Quiz for schools across the country.

2. First edition of Fit India Quiz entailed a prize money of Rs. 3.25 Cr for students/schools, and 36,299 students from 13,502 schools across India actively participated. 36 schools among them representing their respective State/UT competed in the Fit India Quiz National Finals. The episodes of first edition of Fit India Quiz national Finals are being telecast on Star Sports 1 and Hotstar OTT since 3<sup>rd</sup> Sep., 2022. The Department of Sports launched second edition of the programme on 29<sup>th</sup> Aug., 2022. The prize money for the event is same as the last edition and registration of students for the said event across the country started from 3<sup>rd</sup> Sep., 2022. The said information has already been shared with you vide Department's letter and reminder letter of even number dated 24<sup>th</sup> Aug., 2022 and 13<sup>th</sup> Sep., 2022 respectively.

3. As the registration process for enrolment in the second edition of Fit India Quiz has already started and last date of registration is 15<sup>th</sup> Oct. 2022, you are requested to take necessary actions to widely publicize the programme for maximizing the participation of schools and students in it.

Encl.: as above.

With Regards.

Yours sincerely,

(Santosh Kumar Yadav)

To

The Additional Chief Secretary/Principal Secretary/Secretary (Education) of all States/UTs

Copy for similar action to:

1. The Chairperson, Central Board of Secondary Education (CBSE)
2. The Director, National Council of Educational Research and Training (NCERT)
3. The Commissioner, Kendriya Vidyalaya Sangathan (KVS)
4. The Chairperson, National Institute of Open Schooling (NIOS)
5. The Commissioner, Navodaya Vidyalaya Samiti (NVS)
6. The Chairperson, National Bal Bhavan (NBB)
7. The Chairperson, Council for the Indian School Certificate Examination (CISCE)



Government of India  
Ministry of Youth Affairs and Sports



**SPORTS AUTHORITY OF INDIA  
FIT INDIA MISSION**

**Jawaharlal Nehru Stadium,  
1<sup>st</sup> Floor (Near Ramp No. 5)  
Lodhi Road, New Delhi – 110003  
Email: [contact@fitindia.gov.in](mailto:contact@fitindia.gov.in)**

F. No. 19-2/FIT INDIA/QUIZ/2022

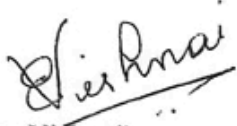
Dated: 11/10/2022

**CIRCULAR**

**Subject: Extension of Registration Dates for Fit India Quiz 2022**

1. In continuation to the circular of even number dated 22.08.2022 on Fit India Quiz 2022, regarding the school registration for Fit India Quiz 2022, it is to inform that the last date for the Fit India Quiz 2022 registration has been extended from 15.10.2022 to 15.11.2022 for enabling maximum number of schools and students to register for participation.
2. The schools to register themselves on <https://fitindia.nta.ac.in/> and nominate minimum 2 students. It is to be noted that there is no upper limit on number of students to be nominated, hence the school can nominate as many students who are interested to participate in the Fit India Quiz 2022.
3. The registration of the schools shall be considered completed only if they have nominate students and paid the required fees of Rs. 50 per student. The school to keep a copy of payment proof and confirmation page after completing the registration for their records.
4. The dates for the Preliminary rounds shall be communicated to the registered schools and will be made available on Fit India website (<https://fitindia.gov.in/home>) and Fit India Quiz 2022 NTA portal (<https://fitindia.nta.ac.in/>)
5. The remaining criteria and guidelines stated in the circular of even number dated 22.08.2022 on Fit India Quiz 2022 will remain same. It is therefore requested that the Principal Secretary/Secretary in charge of the School Education Department of all State/UT Governments may kindly share this circular with all schools in the state/UT so that maximum students from the state/UT may participate in the Fit India Quiz 2022.

More details of Fit India Quiz are attached as Annexure.

  
(Ekta Vishnoi)

Mission Director (Fit India)

Encl.: As above

To:

Principal Secretary/Secretary in charge of School Education Department of States/UTs

**Copy to:**

1. Joint Secretary, D/o School Education and Literacy, Ministry of Education, Government of India
2. Principal Secretary/Secretary in charge of Sports Department of States/UTs
3. The Chairperson, Central Board of Secondary Education
4. The Commissioner, Kendriya Vidyalaya Sangathan
5. The Commissioner, Navodaya Vidyalaya Samiti
6. The Chairperson, Council for the Indian School Certificate Examinations (CISCE)
7. Director in charge of State School Education Boards of States/UTs

**Copy also for information to:**

1. Sr.PPS to Secretary, D/o School Education and Literacy, Ministry of Education, Govt. of India
2. Sr.PPS to Secretary D/o Sports, Ministry of Youth Affairs and Sports, Govt. of India

*Sharma*

**Annexure****GUIDELINES FOR FIT INDIA QUIZ****Preface**

The Fit India Movement was launched by the Hon'ble Prime Minister in August 2019 with a vision of encouraging every Indian citizen to adopt a physically active lifestyle. Ministry of Youth Affairs and Sports (MYAS) is the nodal ministry for implementing the Fit India Movement in coordination with other stakeholders. The aim of Fit India Movement is to encourage the citizens to include physical activity in their daily lives and to showcase the ease of simplicity of doing activities which can make them fit. In a bid to increase awareness about the importance of physical fitness in our daily lives, the Fit India Mission has conceptualised and conducted multiple events and campaigns. Fit India Movement has been able to mark its presence in more than **4 lakhs schools** across the country through Annual Fit India School Week Celebrations and Fit India School certifications.

**Objective**

To further propagate the message of Fit India Movement among the school children and strengthen its presence in schools, a Fit India Quiz has been envisioned to involve school children across the country. Fit India Quiz, while providing a national platform to students to showcase their knowledge about fitness and sports, also endeavours to create awareness among students about India's rich sporting history, including centuries-old indigenous sports, our sporting heroes of the past and how traditional Indian lifestyle activities hold the key to a Fit Life for all.

**Structure of Fit India Quiz**

The Fit India Quiz is primed to be the first-of-its-kind nation-wide quiz on fitness and sports for school children. The quiz will have representations from every State/UT in the country and will be a mix of online and broadcast rounds. The quiz format has been designed in an inclusive manner wherein school students from across the country will get an opportunity to test their fitness and sports knowledge against their peers. The quiz will be open for students from all age groups, but the questions shall be framed in a way that can be easily answered by students of class 8 and above.



Following table provides the summary of phases/rounds involved in the Fit India Quiz:

Phases/Rounds	Description
REGISTRATION AND SCHOOL ROUND	<ul style="list-style-type: none"> <li>The school to hold the first round of selection of students internally and register the selected students for the Preliminary round.</li> <li>Registration for preliminary round will be open to all schools across India.</li> <li>Schools will be required to register minimum 2 students for the quiz on link available on Fit India website (<a href="http://www.fitindia.gov.in">www.fitindia.gov.in</a>). Schools can register more than 2 students. There is no upper limit for number of students to be registered for Fit India Quiz from a single school.</li> <li>Registration of 1 lakh students nominated by first 50 thousand schools (Maximum two students per school on first cum first basis) for the Fit India Quiz will be free of cost. (i.e. 2 students nominated by each school can participate in Fit India Quiz for free).</li> <li><b>In case the school is willing to nominate more than 2 students for Fit India Quiz, they can nominate the students after payment of registration fee of Rs 50/- per student for the additional students.</b></li> <li>The registration and payment by the schools shall be done by visiting the registration link <a href="https://fitindia.nta.ac.in/">https://fitindia.nta.ac.in/</a>.</li> </ul>
PRELIMINARY ROUND (NTA ROUND)	<ul style="list-style-type: none"> <li>Registered students will compete individually on an online platform hosted by NTA (National Testing Agency). The quiz questions shall be framed in a way that can be easily answered by students of class 8 and above.</li> <li>Provision will be made to have quiz questions in 13 languages- English, Hindi, Tamil, Malayalam, Telugu, Kannada, Marathi, Gujarati, Odiya, Assamese, Bengali, Punjabi and Urdu. However, in case of any discrepancies or invalidation, questions in English / Hindi language will prevail.</li> <li>The necessary links for accessing the quiz, username, and passwords for nominated individual student will be shared with the school and students before the NTA round.</li> <li><b>The quiz under NTA round will be of 30 minutes duration and will consist of 60 multiple choice questions (MCQ).</b> Negative marking will be given for incorrect answers (Each correct answer carries 4 marks and for each wrong answer 1 mark will be deducted).</li> <li>The NTA round will be taken by individual student through mobile device with Andorid 5 or above and internet connectivity, using the dedicated mobile application. Mobile devices with iOS will not be compatible for the mobile application.</li> <li><b>Evaluation and Results of NTA round</b></li> <li>The students will be evaluated based on the scores achieved in the NTA round. If more than one student gets the same score, the younger student (age-wise) will rank higher in the merit list.</li> </ul>

Phases/Rounds	Description															
	<ul style="list-style-type: none"><li>The school whose student is there in the merit list will qualify for the state round.</li><li>Top ranked 8-32 schools from each State/UT will qualify for the next round as per the following table:</li></ul> <table><tr><th>S. No.</th><th>Number of Schools participating from State/UT</th><th>Number of qualified Schools for State/UT round</th></tr><tr><td>1.</td><td>0-500</td><td>4</td></tr><tr><td>2.</td><td>501-2500</td><td>8</td></tr><tr><td>3.</td><td>2501-10,000</td><td>16</td></tr><tr><td>4.</td><td>More than 10,000</td><td>32</td></tr></table> <ul style="list-style-type: none"><li>If more than one student in the merit list are from the same school, the next student and school will secure a position, making his/her school qualifying for the state round.</li><li>The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers. However, if more than one student from the qualified school is among the top scorers in the NTA round, the second student in the merit list will automatically be a part of the team representing the qualified school in the State Round.</li><li>Details of the student who has been nominated as quiz partner must be entered in on Fit India website by the qualified school along with the bank details of the school and the students participating in the further rounds.</li><li>The students appearing in the preliminary round will get participation certificate. The recognition will be given to the schools having maximum participation.</li></ul>	S. No.	Number of Schools participating from State/UT	Number of qualified Schools for State/UT round	1.	0-500	4	2.	501-2500	8	3.	2501-10,000	16	4.	More than 10,000	32
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STATE ROUND	<ul style="list-style-type: none"><li>State Round will have 4-32 teams from qualified schools participating on a customized digital platform.</li><li>Format: Depending on the number of teams qualified (4-32 teams), 1-11 rounds will be held to determine the State/UT champion.</li><li>These rounds will be anchored by a professional quiz master and will be webcast on social media. The quiz could be in mixed language (local as well). Also questions on local sports will also be asked.</li><li>Total of 36 school teams i.e., one team per State/ UT will move to the National Round.</li></ul>															
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The questions in the State and National rounds will also include audio-visual and image-based questions to make the quiz interactive and interesting. Preliminary round will also have image-based questions. The Quiz will have questions from multiple themes as outlined below.

- History of Indian Sports, Traditional Sports and Games, Yoga, Personalities etc
- Fitness topics with special emphasis on Indian traditional fitness methods.
- Olympics, Commonwealth Games, Asian Games, Khelo India Games and other popular sports.

The State and National rounds of the quiz will have innovative concepts such as 'phone a teacher/ parent, Ask an Expert, Flip a Question, Trump Card etc. to make it fun, interactive and engaging for the audience. The quiz will also have multi-formats featuring buzzer rounds and audio/video recognition round, etc.

#### Prize Structure for Fit India Quiz

The Fit India quiz provides an opportunity for schools and students win cash prizes worth more than Rs 3 Crore. The detailed prize structure for the Fit India Quiz is as below:

<b>Fit India Quiz Budget Estimate</b>		
<b>Prize money to winners</b>		
<b>Particulars</b>	<b>Cash Prize for schools (in INR)</b>	<b>Cash prize for Students* (in INR)</b>
<b>National Champion</b>	25,00,000	2,50,000
<b>1st Runner Up- National Round</b>	15,00,000	1,50,000
<b>2nd Runner Up- National Round</b>	10,00,000	1,00,000
<b>State/UT Champion **</b>	2,50,000	25,000
<b>State/UT 1st Runner Up **</b>	1,00,000	10,000
<b>State/UT 2<sup>nd</sup> Runner Up**</b>	50,000	5,000
<b>State qualifiers after NTA round***</b>	15,000	2,000
<b>Cash prizes to teachers, principals and parents who will be part of the quiz in various rounds#</b>		9,69,000
<b>Total Prize money -----</b>		<b>3,25,00,000</b>

It is suggested that the cash prize may be utilized only for the purpose of promotion of sports and fitness.

\*Awarded to team of 2 students

\*\*Awarded to each State/UT

\*\*\*Awarded to all qualified schools for state round

# Subjected to nature of rounds included in the State and National Rounds

### Tentative Timeline for the Fit India Quiz

S.No.	Activity	Start Date	End Date
1	Launch of Fit India Quiz	September 3, 2022	
2	Registrations	September 3, 2022	November 15, 2022
3	Preliminary or NTA Round (including mock tests conducted by NTA)	To be announced	
4	State Round	To be announced	
5	National Round	To be announced	

### Role of Schools

- The schools will be the key drivers for the propagation and promotion of the quiz within their respective schools which shall be essential for the greater success and participation from students.
- The schools will be responsible for registering minimum two students for the quiz on the Fit India website and shall ensure fair selection process being carried out for the identifying the students.
- The schools to pay the require registration fee per student.
- The qualified school must nominate an additional student from the respective school as quiz partner, based on their discretion, for the State Round to form a team of two quizzers.
- The schools to adhere to the guidelines as available on the Fit India website.
- Schools to make necessary arrangements in case of travel etc for the students.

### Role of States/UTs

- States/UTs to ensure wide publicity to Fit India Quiz and encourage to the schools to register and participate in the Fit India Quiz. The information on Fit India Quiz to be shared with all the schools in the state to ensure maximum participation.
- States/UTs to conduct State round in respective states with the support of Fit India Mission and select state/UT champion for National round.
- Event Management agency will be finalised by FIT India Mission.

### Role of Fit India Mission

Fit India Mission under Ministry of Youth Affairs and Sports, Government of India shall be the chief benefactor for the Fit India Quiz and shall provide all necessary financial support and guidance to the stakeholders. The Fit India Mission will co-ordinate with the concerned state departments and facilitate in providing guidelines and defining SOPs at various stages of the Fit India Quiz.